

REGULATIONS FOR THE UNIVERSITY INTERNATIONAL SPORTS FESTIVAL

EKATERINBURG – RUSSIA

19-31 AUGUST 2023

GENERAL REGULATIONS	4
1. GENERAL TERMS.....	4
2. OBLIGATIONS OF THE ORGANISING COMMITTEE TOWARDS FESTIVAL PARTICIPANTS...5	5
2.1. Entries Deadlines.....	5
2.2. Accreditation	5
2.3. Arrival and Departure Services	6
2.4. Accommodation	6
2.5. Food and Beverage Services	6
2.6. Transportation Services	7
2.7. Sports Services	7
2.8. Medical Services and Doping Control	7
2.9. Ceremonies.....	8
2.10. Awards.....	8
SPORTS REGULATIONS.....	9
BADMINTON.....	9
3x3 BASKETBALL	13
BOXING.....	16
DIVING	18
FUTSAL.....	23
JUDO.....	26
RHYTHMIC GYMNASTICS.....	29
SAMBO.....	32
SWIMMING.....	35
TABLE TENNIS	40
TAEKWONDO.....	43
TENNIS.....	47
VOLLEYBALL	51
WRESTLING.....	55

UNIVERSITY INTERNATIONAL SPORTS FESTIVAL

GENERAL REGULATIONS

1. GENERAL TERMS

1.1. The University International Sports Festival (hereinafter the Festival) will be organised in Ekaterinburg from 19 to 31 August 2023 by the Organising Committee (OC) under the auspices of the Ministry of Sport of the Russian Federation and the Russian Students Sport Union.

In principle, the Festival format provides for the competition among university teams, not among countries. It is permitted to compete as a united universities team (group of athletes from one foreign state) for some disciplines (detailed information may be found below in the Sports Regulations section).

1.2. The sports programme of the Festival includes 14 sports:

- a. Team sports: 3x3 Basketball, Volleyball, and Futsal;**
- b. Individual sports: Badminton, Boxing, Diving, Judo, Rhythmic Gymnastics, Sambo, Swimming, Table Tennis, Taekwondo, Tennis, and Wrestling.**

Detailed competition schedule and formats may be found below in the Sports Regulations section.

The sports events will be held in accordance with the sports rules and regulations under the supervision of technical delegates and with the assistance of referees and judges nominated by each sports federation.

1.3. Only athletes who meet the following criteria may take part in the event:

- a. students who are currently officially registered as studying for a degree or diploma at a university or a similar educational organisation, the status of which is recognised by the relevant national academic authority of their country;**
- b. students who are at least 17 and no older than 25 years of age as of 31 December of the year of the event (i.e. born between 1 January 1998 and 31 December 2005);**
- c. persons who have a special medical permission and medical insurance for participation in the sports events.**

1.4. No participation fees are required.

<i>No.</i>	<i>Sport</i>	<i>Dates</i>	<i>Arrival (not before)</i>	<i>Departure (not later)</i>
1.	Badminton	21-26 August	18 August	27 August
2.	3x3 Basketball	28-30 August	25 August	31 August
3.	Boxing	19-24 August	16 August	25 August
4.	Diving	21-24 August	18 August	25 August
5.	Judo	21-23 August	18 August	24 August
6.	Futsal	19-23 August	16 August	24 August
7.	Rhythmic Gymnastics	28-30 August	25 August	31 August
8.	Sambo	26-28 August	23 August	29 August
9.	Swimming	22-27 August	19 August	28 August
10.	Table Tennis	23-28 August	20 August	29 August
11.	Taekwondo	29-31 August	26 August	1 September
12.	Tennis	21-27 August	18 August	28 August
13.	Volleyball	26-31 August	23 August	1 September
14.	Wrestling	21-26 August	18 August	27 August

2. OBLIGATIONS OF THE ORGANISING COMMITTEE TOWARDS FESTIVAL PARTICIPANTS

2.1. Entries Deadlines

- Intention of participation: at least six (6) months before the opening ceremony of the Festival, i.e. 19 February 2023.
- Quantitative entries (confirmation of participation with the number of athletes and team officials for each sport): at least four (4) months before the opening ceremony of the Festival, i.e. 19 April 2023.
- Individual entries (personal and education-related information for participation, sport and preferred disciplines as well as other specific information including the required photos): one (1) month before the opening ceremony of the Festival, i.e. 19 July 2023.

2.2. Accreditation

The accreditation card is the main document for all participants. It will be issued to participants after the procedure of identification in the Accreditation Centre (located in the Multifunctional Complex of the Athletes Village).

All the participants will be required to always keep their accreditation card with them and be prepared to present it for inspection.

Accreditation cards will give the holders access to the sports venues, the Athletes Village and other facilities of the Festival.

Athletes reporting for the start of any individual or team sport must be prepared to show their card to the officials in charge. For team sport competitions, the manager must present before

each match the list of players who will take part in the match, including accreditation card numbers.

2.3. Arrival and Departure Services

The Organising Committee provides arrival and departure services for Festival participants and guests 24/7, in accordance with the schedule of arrivals and departures, 3 days before the event, during the event and 1 day after the event.

Official points of arrival and departure:

- Koltsovo International Airport;
- Ekaterinburg Railway Station.

2.4. Accommodation

All participants (athletes, coaches, heads of delegations, technical officials) will be accommodated for free in the Athletes Village, which is located near the airport.

The Athletes Village will be open from 16 August to 2 September 2023. The OC provides accommodation in well-furnished dormitories with double or triple rooms, 24-hour reception, information desk, laundry, cleaning services and lounges.

The key facility of the Athletes Village is the Multifunctional Complex.

The first and the second floors of the main building are occupied by the Welcome Centre, the Accreditation Centre, the Main Information Centre, the Sports Entries Office, and the Sport Information Centre with waiting areas. On the first floor, there is also a Lost & Found desk and a Luggage room for delegations where one can leave his\her luggage while going through the accreditation process. On the third, fourth and fifth floors of the Multifunctional Complex, there will be rooms for technical meetings and OC offices.

Only accredited participants with the appropriate credentials may have access to the Residential Zone of the Athletes Village from the Multifunctional Complex.

There is also a warm-up field with artificial grass pitch and athletics tracks in the Athletes Village.

In front of the main entrance, there is a Transportation Mall with a pick-up and drop-off area where delegations arrive and a pedestrian screening area (PSA) where delegations go through the screening procedure.

The transportation hub is also located in the Athletes Village.

2.5. Food and Beverage Services

The Organising Committee provides free meals on a full-board basis in the Athletes Village.

The Main Dining Hall is located in the Multifunctional Complex.

Working hours: 6 a.m. – 11:59 p.m.

Food and beverage services include a three-course meal: breakfast, lunch and dinner, or late dinner (depending on the sports schedule). It provides dishes of European and Russian traditional cuisines, excluding pork dishes. There will also be a snack bar available during the working hours of the Main Dining Hall.

Snack bars will be available at all competition venues in athletes' lounges, offering beverages, snacks, and fruits.

2.6. Transportation Services

Three days before event, during the event and two days after the event, free transportation services will be provided for all the participants, including arrival and departure support, transfer from/to the airport, city centre and competition venues.

2.7. Sports Services

The Organising Committee provides sports equipment approved by international sports federations.

Competition timing and scoring systems will be adopted for each sport in accordance with the rules of each sport.

Sports refereeing will be carried out in accordance with the rules of each sport under the supervision of the technical delegates nominated by the sports federations, with the assistance of accredited referees for each sport.

Sports publications, including sports results, will be available in soft and hard copies at the Sport Information Centre.

Detailed information on the competition format, equipment and special services may be found below in the Sports Regulations section.

2.8. Medical Services and Doping Control

The Organising Committee shall be responsible for the provision of emergency and first-aid medical care free of charge.

Medical services will be provided at the competition venues and the Athletes Village.

The Organising Committee adheres to the principle of clean sport without doping. During competitions, visits by doping control officers from the anti-doping agency may take place.

Athletes are allowed to take part in competitions only if they have an accident and health insurance certificate (covering sports risks, COVID risks, etc.), which is submitted to the

commission for the admission of participants by each competition participant. All delegation members of the university team or members of the united universities team must be insured. The documents must be provided in Russian and/or English.

There are currently no restrictions on crossing the Russian border. Due to the continually changing epidemiological situation, the requirements for participants may be subject to change. Up-to-date information about the epidemiologic situation may be found on the website of the Federal Service for the Oversight of Consumer Protection and Welfare: <https://www.rospotrebnadzor.ru/en/>.

Suspected cases of COVID-19 will be examined and treated in accordance with national guidelines. If necessary, patients will be taken to certified medical organisations in Ekaterinburg. Special quarantine hotels will be used for quarantine purposes.

More up-to-date information will be provided at a later date.

2.9. Ceremonies

a) The Opening and Closing ceremonies will be held on 20 August 2023 and 31 August 2023, respectively. Each delegation must take part in the official ceremonies (opening ceremony, closing ceremony and any other ceremony which can be considered official). It is expected that at least half of the members of the delegations take part in the ceremonies. The delegations will be informed by the Organising Committee about the time, location, and procedure.

b) Medal and flower ceremonies will be held in competition venues. The logo of the universities will be displayed on an LED-screen and a unified anthem (*Gaudeamus igitur*) will be played.

2.10. Awards

Medals.

During a medal ceremony, each competing athlete in individual sports, team events is entitled to receive a medal as follows:

First place: a gold medal

Second place: a silver medal

Third place: a bronze medal

Only athletes who have received medals take part in a medal ceremony.

The total medal standings will not be summed up.

SPORTS REGULATIONS

BADMINTON

1. GENERAL TERMS

1.1. Badminton events will be organised in accordance with the most recent technical regulations of the Badminton World Federation (BWF).

The competition will be held with the support of the Russian National Badminton Federation that shall nominate a technical delegate and technical officials for the event.

1.2. The programme and duration of the competitions are fixed by the Organising Committee. In principle, the programme will last 6 (six) days and will include:

a. Individual events:

Men	Women
Singles	Singles
Doubles	Doubles
Mixed Doubles	

b. Mixed Team events:

Men	Women
16 teams' tournament	

Each university is authorised to enter a maximum of 6 athletes: at least 2 men and 2 women plus 1 team official.

In each event, each university may enter:

Individual events:

- Men's Singles: a maximum of 3 players
- Women's Singles: a maximum of 3 players
- Men's Doubles: a maximum of 1 pair
- Women's Doubles: a maximum of 1 pair
- Mixed Doubles: a maximum of 1 pair

An athlete cannot participate in more than two individual events, e.g., one singles event and one doubles event, or alternatively in two doubles events.

Mixed Team event:

One team composed of at least 2 men and 2 women or a maximum of 3 men and 3 women.

United universities teams representing different universities of one foreign state may be allowed to participate in a Badminton team event. The admission of such teams is carried out upon a preliminary entry from the NUSF, agreed with the Organising Committee of the Festival.

Each tie is composed of:

- One Men's Singles
- One Women's Singles
- One Men's Doubles
- One Women's Doubles
- One Mixed Doubles

An athlete cannot participate in more than two matches of each tie.

In group events, all five matches of each tie shall be played.

1.3. At the first General Technical Meeting, a team official shall confirm and sign the official entry list of athletes.

Any entry not duly confirmed at the first General Technical Meeting will not be taken into consideration except for force majeure.

2. COMPETITION FORMAT

2.1. Individual events, team events.

2.2. All matches are played in three games up to 21 points each.

2.3. The drawing is carried out following the system of draws for individual and team events in accordance with the rules of the Badminton World Federation (BWF).

2.4. The drawing of the team events is carried out by the chief referee and team officials 1 day before the start of the team events.

The drawing of individual events is held on the last day of the team events.

2.5. In team events, the tie consists of 5 matches, one in each category: singles (men), singles (women), doubles (men), doubles (women), mixed doubles.

The order of the matches is determined by the technical delegates.

Team events are held in two stages – the preliminary stage and the final stage.

At the preliminary stage, all teams are divided into 4 groups to play a round robin. Teams that take the 3rd and 4th places in the groups end their participation in the team events.

Teams ranked 1st and 2nd in their groups, compete in the quarterfinals and then in the semi-finals. Quarterfinals and semi-finals follow the Olympic system with elimination after the first defeat. Both teams that lose the semi-finals, take 3rd place.

Ranking in groups is made by the number of wins. In the case of equity in the number of matches won gained by two or more teams the places are distributed according to the following criteria:

- 1) the results of the ties between teams;
- 2) the difference of won and lost matches;
- 3) the difference of games and points in all ties.

2.6. Individual events are held in the following categories:

- singles (men);
- singles (women);
- doubles (men);
- doubles (women);
- mixed doubles.

Individual events are held according to the Olympic system, with elimination after the first defeat. Athletes who lost the semi-finals take 3rd place.

The drawing is carried out in accordance with the rules of the Badminton World Federation (BWF).

2.7. The format of tournaments can be changed depending on the number of entered teams.

3. COMPETITION SCHEDULE

Date	Event	Venue
18 August 2023	Arrival	Koltsovo International Airport
19 August 2023	Official training	Ekaterinburg EXPO pavilion #1
20 August 2023	Technical Meeting 1st Team Drawing for Groups Umpires and Referees Meeting, Line Judges Meeting Official training	Ekaterinburg EXPO pavilion #1 Athletes Village
21 August 2023	Competition Day 1 Groups A, B, C, D, Preliminary	Ekaterinburg EXPO pavilion #1
22 August 2023	Competition Day 2 Team, Quarterfinals Team, Semi-Final	Ekaterinburg EXPO pavilion #1
23 August 2023	Competition Day 3 Team, Final Drawing for individuals	Ekaterinburg EXPO pavilion #1
24 August 2023	Competition Day 4 L64/L32 Singles Men L64/L32 Singles Women L16/L8 Doubles Men L16/L8 Doubles Women	Ekaterinburg EXPO pavilion #1

	L16/L8 Doubles Mixed Quarterfinals Doubles Men Quarterfinals Doubles Women Quarterfinals Doubles Mixed	
25 August 2023	Competition Day 5 L16 Singles Men L16 Singles Women Quarterfinals Singles Men Quarterfinals Singles Women Semi-Final Doubles Men Semi-Final Doubles Women Semi-Final Doubles Mixed	Ekaterinburg EXPO pavilion #1
26 August 2023	Competition Day 6 Semi Final Singles Men Semi Final Singles Women Final Doubles Mixed Final Doubles Women Final Doubles Men Final Singles Women Final Singles Men	Ekaterinburg EXPO pavilion #1
27 August 2023	Departure	Koltsovo International Airport

4. UNIFORM AND EQUIPMENT

4.1 Team uniform

The uniform of competitors must comply with the rules of the Badminton World Federation (BWF).

All athletes on participating teams must wear T-shirts and shorts of the same colour (or equivalent) throughout the event.

The colour and design of the T-shirt and shorts (or equivalent articles of clothing) of participants in singles competitions must comply with the rules of the Badminton World Federation (BWF).

Athletes competing in pairs must wear T-shirts and shorts (or equivalent articles of clothing) of the same colour and design throughout a tie.

4.2 Equipment

Each personal equipment must be approved by the BWF.

Shuttlecocks are provided by the OC.

3x3 BASKETBALL

1. GENERAL TERMS

1.1. 3x3 Basketball events will be organised in accordance with the most recent Official 3x3 Basketball Rules of the International Basketball Federation (FIBA).

The competition will be held with the support of the Russian Basketball Federation that shall nominate a technical delegate and technical officials for the event.

1.2. The programme and duration of the competitions are fixed by the Organising Committee. In principle, the programme will last 3 (three) days and will include:

Men	Women
16 teams' tournament	16 teams' tournament

Games will be held indoors.

1.3. Each foreign state may nominate no more than 2 (two) teams from two different universities in the 3x3 Basketball competition: 2 (two) men's teams and 2 (two) women's teams. Each team will consist of 4 (four) athletes and 1 (one) coach or team official.

1.4. The participants of the competition included in the entry must be registered and have a confirmed account in the FIBA 3x3 information system (<https://play.fiba3x3.com>).

1.5. At the first General Technical Meeting, the Head of Delegation or his\her representative shall confirm and sign the official entry list of athletes.

Any entry not duly confirmed at the first General Technical Meeting will not be taken into consideration except for force majeure.

2. COMPETITION FORMAT

2.1. Drawing

The drawing shall take place in the presence of the teams' representatives before the start of the competition.

2.2. Sixteen (16) men's teams are divided into four (4) pools (A, B, C, D) of four (4) teams.

Each team plays every other team in the same pool. Following the pool stage, the 1st and the 2nd places of each pool will qualify to the quarter finals, teams will be seeded for this stage based on their final placing in the pool stage. The 3rd and the 4th places end their participation in the tournament.

The winners of the quarterfinals make it to the semi-finals and the losers are eliminated. The winners of the semi-finals play in the gold medal match and the losers play in the bronze medal match.

2.3. Sixteen (16) women's teams are divided into four (4) pools (A, B, C, D) of four (4) teams.

Each team plays every other team in the same pool. Following the pool stage, the 1st and the 2nd places of each Pool will qualify to the Quarterfinals, teams will be seeded for this stage based on their final placing in the pool stage. The 3rd and the 4th places end their participation in the tournament.

The winners of the quarterfinals make it to the semi-finals and the losers are eliminated. The winners of the semi-finals play in the gold medal match and the losers play in the bronze medal match.

2.4. The format of the tournament can be changed taking into consideration the number of teams entered.

2.5. Competition rules:

The game will be played on a 3x3 playing court with 1 basket. The matches of the men's and women's competitions will be ten (10) minutes long. The team that scores 21 points before the end of the regular ten (10) minute playing time wins the game. The match will end when the twenty-first (21st) point is scored. If the score is tied at the end of playing time, an extra period will be played. The first team to score 2 (two) points in the overtime wins the game.

2.5. At the group stage, the places of the teams in the groups are determined by the highest number of points scored. For a win, a team gets 2 points, for a loss – 1 point, for a game lost by forfeit – 0 points.

For both in pools and in overall competition standings (other than standings in tours), the following classification rules shall apply.

If teams that have reached the same stage of the competition are tied, the steps to break the tie shall be applied in the following order. Each step shall be calculated only once. If teams are still tied after one step, the next step shall be applied to break the tie between those teams still tied:

- Most wins (or win ratio in case of an unequal number of games in inter-pool comparison).
- Head-to-head comparison (only taking win/loss into account and applies within a pool only).
- Most points scored on average (without considering winning scores of forfeits).

If teams are still tied after those 3 steps, the team(s) with the highest seeding win(s) the tiebreaker.

3. COMPETITION SCHEDULE

DATE	EVENT	VENUE
25 August 2023	Arrival	Koltsovo International Airport
26 August 2023	Official training	Ekaterinburg EXPO pavilion #2
27 August 2023	Official training Technical meeting	Ekaterinburg EXPO pavilion #2

	Referees' seminar	
28 August 2023	Competition Day 1 Group stage (Men, Women)	Ekaterinburg EXPO pavilion #2
29 August 2023	Competition Day 2 Group stage (Men, Women)	Ekaterinburg EXPO pavilion #2
30 August 2023	Competition Day 3 Quarterfinals (Men, Women) Semi-finals (Men, Women) Match for 3rd place (Men, Women) Final (Men, Women)	Ekaterinburg EXPO pavilion #2
31 August 2023	Departure	Koltsovo International Airport

4. UNIFORM AND EQUIPMENT

4.1 Team uniform

The Organising Committee of the Festival provides each team with a set of uniforms (T-shirt and shorts) with numbers applied. During the entire time of the competition each player must wear the same number.

4.2 Equipment

All the equipment is FIBA approved.

BOXING

1. GENERAL TERMS

1.1. Boxing events will be organised in accordance with the most recent technical regulations of the International Boxing Association (IBA).

The competition will be held with the support of the Russian Boxing Federation that shall nominate a technical delegate and technical officials for the event.

1.2. The programme and duration of the competitions are fixed by the Organising Committee. In principle, the programme will last 6 (six) days and will include:

Men	Women
48kg, 51kg, 54kg, 57kg, 60kg, 63,5kg, 67kg, 71kg, 75kg, 80kg, 86 kg,92kg, 92+kg	48kg, 50kg, 52kg, 54 kg, 57kg, 60kg, 63kg, 66 kg, 70kg, 75kg, 81kg, 81+kg

1.3. Each university is authorised to enter a maximum of 25 athletes and 4 team officials:

- 1 to 10 athletes: 1 team official
- 11 to 20 athletes: up to 2 team officials
- 21 to 25 athletes: up to 4 team officials

In each event, each university may enter:

A maximum of 1 athlete in each weight category and gender

1.4. At the first General Technical Meeting, the Head of Delegation or his\her representative shall confirm and sign the official entry list of athletes.

Any entry not duly confirmed at the first General Technical Meeting will not be taken into consideration except for force majeure.

2. COMPETITION FORMAT

The weigh-in and the drawing will be held one day prior to the competition. Daily weigh-in will be held in the morning of each fighting day. The weigh-in for athletes will be held by technical officials of the same gender.

The competition programme can be changed according to the number of entries.

3. COMPETITION SCHEDULE

Date	Event	Venue
16 August 2023	Arrival Official training	Koltsovo International Airport Ekaterinburg EXPO pavilion #2
17 August 2023	Official training	Ekaterinburg EXPO pavilion #2
18 August 2023	Official training General Technical meeting Drawing Weigh-in	Ekaterinburg EXPO pavilion #2 Athletes Village
19 August 2023	Weigh-in Official training Competition Day 1 (Men, Women)	Ekaterinburg EXPO pavilion #2
20 August 2023	Weigh-in Official training Competition Day 2 (Men, Women)	Ekaterinburg EXPO pavilion #2
21 August 2023	Weigh-in Official training Competition Day 3 (Men, Women)	Ekaterinburg EXPO pavilion #2
22 August 2023	Weigh-in Official training Competition Day 4 (Men, Women)	Ekaterinburg EXPO pavilion #2
23 August 2023	Weigh-in Official training Day 5 Semi-finals (Men, Women)	Ekaterinburg EXPO pavilion #2
24 August 2023	Weigh-in Day 6 Finals (Men, Women)	Ekaterinburg EXPO pavilion #2
25 August 2023	Departure	Koltsovo International Airport

4. UNIFORM AND EQUIPMENT

All participants must be equipped in accordance with the most recent technical regulations of the International Boxing Association (IBA).

Boxing gloves and helmets will be provided by the OC.

DIVING

1. GENERAL TERMS

1.1. Diving events shall be organised in accordance with the most recent technical regulations of the International Swimming Federation (FINA).

The competition will be held with the support of the Russian Diving Federation that shall nominate a technical delegate and technical officials for the event.

1.2. The programme and duration of the competitions are fixed by the Organising Committee. In principle, the programme will last 4 (four) days and include the following events:

a. *Individual events:*

Men	Women
1m Springboard	1m Springboard
3m Springboard	3m Springboard
Platform	Platform

b. *Synchronised Events:*

Men	Women
Mixed 3m Springboard synchronised	
Mixed 10m Platform synchronised	

c. *Team event:*

Men	Women
Mixed 3m / 10m	

1.3. Each university is authorised to enter a maximum of 6 athletes (the number of men and women in one team is not regulated) and 2 team officials.

In each event, each university may enter:

a. *Individual events: platform and springboard*

Men and women - maximum 3 athletes (per gender) in each individual event (1m, 3m - Springboards, Platform) without any score standard.

b. *Synchronised events: platform and springboard*

Men and women - maximum 1 team composed of 2 athletes (of the same gender) in each event. Mixed - maximum 1 team composed of 2 athletes (1 man and 1 woman)

c. *Team Event: platform and springboard*

Maximum 1 team composed of 1 man and 1 woman in each event.

The athletes entered in individual events may compete in all the synchronised events and/or team event.

1.4. At the General Technical Meeting, the Head of Delegation or his\her representative shall confirm and sign the official entry list of athletes.

If the entry is not confirmed at the first General Technical Meeting, it will not be taken into consideration except for force majeure.

2. COMPETITION FORMAT

2.1. Individual diving events:

Event	Men	Women
1m and 3m springboard	Men`s springboard competitions shall comprise six (6) dives from five (5) different groups without a limit of degree of difficulty	Women`s competitions shall comprise five (5) dives from five (5) different groups without a limit of degree of difficulty
Platform	Men`s platform competitions shall comprise six (6) dives from six (6) different groups without a limit of degree of difficulty	

1 m, 3m Springboard and Platform:

There shall be a preliminary and a final competition in the tournament system. The preliminary and the final competitions are separate events, each starting from zero (0) points.

The tournament system is organised as follows:

- Preliminary: All accredited divers will be admitted.
- Final: The top 12 ranked divers from the preliminary will proceed to the final starting in reverse order of their ranking in the preliminary.

When a diver is unable to compete at the beginning of the final session, the diver ranked next in the preliminary session shall advance into the final session to ensure 12 finalists participate.

When there is a tie for the 12th place in the preliminary competition session, those divers who have tied shall compete in the final competition.

The ranking for the 1m, 3m Springboard and Platform shall be determined as follows:

- Final: For those divers competing in the final, the points scored in the final session shall determine the ranking for the top 12. The diver with the highest total points shall be declared the winner.

For those divers eliminated in the preliminary competition, the points scored in that competition shall determine the ranking for the 13th place and beyond.

2.2. Synchronised diving events:

Event	Men	Women	Mixed
3m springboard / 10m platform	Men`s competitions shall comprise six (6) rounds of dives from five (5) different groups. The first two (2) rounds of dives with an assigned degree of difficulty of 2.0 for each dive regardless of the formula and four (4) rounds of dives without a limit of degree of difficulty.	Women`s competitions shall comprise five (5) rounds of dives from five (5) different groups. The first two (2) rounds of dives with an assigned degree of difficulty of 2.0 for each dive regardless of the formula and three (3) rounds of dives without a limit of degree of difficulty.	Mixed competitions shall comprise five (5) rounds of dives from five (5) different groups. The first two (2) rounds of dives with an assigned degree of difficulty of 2.0 for each dive regardless of the formula and three (3) rounds of dives without a limit of degree of difficulty.
All forward facing dives on the springboard shall be done with a run			
In each round the two (2) divers must perform the same dive (same dive number and same position)			

There shall be a direct final without any preliminary in each event. In all synchronised diving events, ranking is determined by the score in the finals. The pair with the highest total shall be declared the winner.

2.3. Mixed Team Event:

The Mixed Team Event involves two divers (one female and one male) from the same university. The competition shall comprise six (6) different dives from six (6) different groups:

- Two (2) dives with an assigned degree of difficulty of 2.0 regardless of the formula and four (4) dives without a limit of difficulty degree.
- Three (3) dives shall be executed by the female competitor, the other three (3) dives by the male competitor.
- Three (3) dives shall be executed from the 3m springboard and the other three (3) dives from the 10m platform. Each diver must perform at least one (1) dive from the 3m springboard and one (1) dive from the 10m platform.
- The two (2) dives with an assigned degree of difficulty of 2.0 regardless of the formula may be executed at any time and from any height by each team member, one (1) by the male and one (1) by the female competitor.

In the Mixed Team Diving competition, the teams will perform three (3) consecutive rounds starting with either of the two divers. There shall be a direct final without any preliminary in this event.

In the Mixed Team Event, ranking is determined by the score in the final. The team with the highest total shall be declared the winner.

2.4. Drawing

The order of diving (start list) shall be determined by a random draw for all preliminaries and finals of synchronised events and team event. The draw will be held at the General Technical Meeting.

2.5. The format of the event can be changed taking into consideration the number of athletes entered.

3. COMPETITION SCHEDULE

Date	Event	Venue
18 August 2023	Arrival	Koltsovo International Airport
19 August 2023	Official training <i>Venue Inspection</i>	Palace of Water Sports
20 August 2023	Official training <i>General technical meeting</i> <i>Judges meeting</i>	Palace of Water Sports
21 August 2023	Competition Day 1 Springboard 1m – Preliminary - Men Platform (5 m; 7,5 m; 10 m) – Preliminary - Women Springboard 1m – Final - Men Platform (5 m; 7,5 m; 10 m) – Final - Women	Palace of Water Sports
22 August 2023	Competition Day 2 Springboard 3m – Preliminary - Women Platform (5 m; 7,5 m; 10 m) – Preliminary - Men Springboard 3m – Final - Women Platform (5 m; 7,5 m; 10 m) – Final - Men	Palace of Water Sports
23 August 2023	Competition Day 3 Springboard 3m – Preliminary - Men Springboard 1m – Preliminary - Women Springboard 3m – Final - Men Springboard 1m – Final - Women	Palace of Water Sports
24 August 2023	Competition Day 4 Springboard 3m Mixed Synchronised – Final Platform 10m Mixed Synchronised – Final Mixed Team Event – Final	Palace of Water Sports
25 August 2023	Departure	Koltsovo International Airport

4. UNIFORM

4.1. The uniform of the competitors must comply with the rules of the International Swimming Federation (FINA).

FUTSAL

1. GENERAL TERMS

1.1. Futsal events will be organised in accordance with the most recent technical regulations of the International Association Football Federation (FIFA).

1.2. The competition will be held with the support of the Russian Football Union that shall nominate a technical delegate and technical officials for the event.

1.3. The programme and duration of the competitions are fixed by the Organising Committee. In principle, the programme will last 5 (five) days and include:

Men	Women
12 teams' tournament	12 teams' tournament

The games will be held indoor.

1.4. Each foreign state may nominate no more than 2 (two) teams from two different universities in the futsal competition. Each team shall consist of 12 players and 2 team officials (a coach and a team official).

1.5. At the General Technical Meeting, the Head of Delegation or his\her representative shall confirm and sign the official entry list of players.

If the entry is not confirmed at the General Technical Meeting, it will not be taken into consideration except for force majeure.

2. COMPETITION FORMAT

2.1. Drawing and Distribution of Teams

The drawing for the distribution of women and men Futsal teams into the group stage will be done in a random manner. The drawing will be held at the first General Technical Meeting.

2.2. Format

The Men's and Women's Futsal Tournament will be conducted over five (5) days.

The competition will consist of two (2) stages:

- Group stage;
- Playoff round: semi-finals and finals.

Preliminary Round

Three pools (A, B and C) will be composed of four teams each. The format for each pool is single round-robin, where every team plays each of the three other teams in their pool once. Each team will play a total of three matches. Each pool will play a total of 6 (six) matches.

Playoff Round

The first teams in each preliminary pool and the best second team will qualify to the semi-finals. Losers of the semi-finals will play in the bronze medal match. Winners of the semi-finals will play in the gold medal match.

2.4. The format of the tournament can be changed taking into consideration the number of teams entered.

Ranking of Teams

The following criteria will be implemented to establish the ranking of teams after the group stage.

- Number of victories.
- The difference between goals scored and goals conceded.
- Number of goals scored.

In case of equity of teams according to the above criteria, the best team shall be determined by lot.

The following criteria will be implemented to establish the ranking of the best second team after the preliminary round.

- Number of victories
- Number of matches won and lost among teams of the same pool.
- The difference between goals scored and goals conceded.
- Number of goals scored.

In case of equity of teams according to the above criteria, the best team shall be determined by lot.

In case of a tie at the end of the full time at the playoff stage, two equal periods of extra time of 5 minutes shall take place. In case of a tie during extra time, a series of post-match kicks from the penalty mark (6-meter mark) shall take place. During the penalty series, players from both teams take turns performing 5 kicks. If the score is equal after 5 kicks in the penalty series, kicks shall continue until the first miss.

3. SCHEDULE & TIMETABLE

Date	Event	Venue
16 August 2023	Arrival	Koltsovo International Airport
17 August 2023	Arrival, Training	Palace of Team Sports
18 August 2023	Arrival, Training,	Palace of Team Sports

	General Technical Meeting	
19 August 2023	Group Stage	Palace of Team Sports
20 August 2023	Group Stage	Palace of Team Sports
21 August 2023	Group Stage	Palace of Team Sports
22 August 2023	Semi-finals	Palace of Team Sports
23 August 2023	Bronze medal matches Finals	Palace of Team Sports
24 August 2023	Departure	Koltsovo International Airport

4. UNIFORM AND EQUIPMENT

4.1. Team uniform

All athletes must have 2 (two) different sets of uniforms (T-shirts and shorts) with numbers: one set of light colours, the other set of dark ones. Football socks are required.

The colour of the uniforms of field players must be different from the colour of the uniforms of the opposing team, as well as from the uniforms of the referee and assistant referees. The colour of the goalkeeper's uniform must differ from the colour of the players uniforms as well as from the colour of the referees' uniform and the assistant referees' uniform.

4.2. Equipment

Organising committee will provide the relevant equipment approved by FIFA.

JUDO

1. GENERAL TERMS

1.1. Judo events will be organised in accordance with the most recent technical regulations of the International Judo Federation (IJF).

The competition will be held with the support of the Russian Judo Federation that shall nominate a technical delegate and technical officials for the event.

1.2. The programme and duration of the competitions are fixed by the Organising Committee. In principle, the programme will last 3 (three) days and will include:

a. Individual events:

Men	Women
Up to 60kg	Up to 48kg
+60kg to 66kg	+48kg to 52kg
+66kg to 73kg	+52kg to 57kg
+73kg to 81kg	+57kg to 63kg
+81kg to 90kg	+63kg to 70kg
+90kg to 100kg	+70kg to 78kg
+100kg	+78kg

b. Team/Mixed Team events:

Men	Women
Up to 66kg	Up to 52kg
+66kg to 73kg	+52kg to 57kg
+73kg to 81kg	+57kg to 63kg
+81kg to 90kg	+63kg to 70kg
+90kg	+70kg

1.3. Each university is authorised to enter a maximum of 14 athletes and 2 team officials.

In each event, each university may enter:

a. Individual competition

- Men: A maximum of 1 athlete per weight category
- Women: A maximum of 1 athlete per weight category

b. Team competition:

- Men: 1 team composed of a minimum of 3 athletes and a maximum of 7.
- Women: 1 team composed of a minimum of 3 athletes and a maximum of 7.

United universities teams representing different universities of one foreign state may be allowed to participate in a Judo team competition. The admission of such teams is carried out upon a preliminary entry from the NUSF, agreed with the Organising Committee of the Festival.

1.4. At the first General Technical Meeting, the Head of Delegation or his\her representative shall confirm and sign the official entry list of athletes.

Any entry not duly confirmed at the first General Technical Meeting will not be taken into consideration except for force majeure.

2. COMPETITION FORMAT

2.1 Competitions are held according to the Olympic system with the consolation of the quarterfinalists. Athletes (teams) who lost in the quarterfinals, continue the competition for a bronze medal.

2.2. In team competitions, athletes have the right to perform in their own or in the next weight category (category above).

2.3. The format of the competition can be changed based on the number of declared athletes/teams.

3. COMPETITION SCHEDULE

Date	Event	Venue
19 August 2023	Arrival Official training	Koltsovo International Airport Judo Arena
20 August 2023	Technical meeting Official training Weigh-in, Drawing	Judo Arena
21 August 2023	Competition Day 1 Men up to 60kg Men up to 73kg Men up to 90kg Men + 100kg Women up to 52kg Women up to 63kg Women up to 78kg Weigh-in	Judo Arena
22 August 2023	Competition Day 2 Men up to 66kg Men up to 81kg Men up to 100kg Women up to 48kg Women up to 57kg Women up to 70kg Women + 78kg Team weigh-in	Judo Arena

23 August 2023	Competition Day 3 Team competition. Men (-66kg, -73kg, -81kg, -90kg, +90kg) Team competition. Women (-52kg, -57kg, -63kg, -70kg, +70kg)	Judo Arena
24 August 2023	Departure	Koltsovo International Airpor

4. UNIFORM AND EQUIPMENT

4.1 Uniform

Each competitor must have a white and a blue kimono.

4.2 Equipment

The equipment of the participants of the competition must comply with the most recent requirements of the International Judo Federation (IJF).

RHYTHMIC GYMNASTICS

1. GENERAL TERMS

1.1. Rhythmic Gymnastics events will be organised in accordance with the most recent technical regulations of the International Gymnastics Federation (Fédération Internationale de Gymnastique (FIG).

1.2. The competition will be held with the support of the Russian Rhythmic Gymnastics Federation that shall nominate a technical delegate and technical officials for the event.

1.3. The programme and duration of the competitions are fixed by the Organising Committee. In principle, the programme will last 3 (three) days and will include:

Individual events:

Women
Individual All-Around
Individual Apparatus Final Hoop
Individual Apparatus Final Ball
Individual Apparatus Final Clubs
Individual Apparatus Final Ribbon

Group events:

Women
Group All-Around
Group Apparatus Final 5 Hoops
Group Apparatus Final 3 Ribbon, 2 Balls

1.5. Each delegation shall consist of 15 people - no more than 10 athletes and no more than 5 team officials.

1.6. At the first General Technical Meeting, the Head of Delegation or his\her representative shall confirm and sign the official entry list of athletes.

Any entry not duly confirmed at the first General Technical Meeting will not be taken into consideration except for force majeure.

2. COMPETITION SCHEDULE

Date	Event	Venue
25 August 2023	Arrival	International airport Koltsovo
26 August 2023	Official training	Rhythmic Gymnastics Centre
27 August 2023	Official training General Technical Meeting Drawing of Lots	Rhythmic Gymnastics Centre
28 August 2023	Competition Day 1: Individual	Rhythmic Gymnastics Centre

	All-Around Competition (Hoop and Ball) Group All-Around Competition (5 Hoops)	
29 August 2023	Competition Day 2: Individual All-Around Competition (Clubs and Ribbon) Group All-Around Competition (3 Ribbon + 2 Balls)	Rhythmic Gymnastics Centre
30 August 2023	Competition Day 3: Individual Apparatus Final: Hoop Individual Apparatus Final: Ball Groups Apparatus Final: 5 Hoops 3 Medal Ceremonies Individual Apparatus Final: Clubs Individual Apparatus Final: Ribbon Groups Apparatus Final: 3 Ribbon + 2 Balls	Rhythmic Gymnastics Centre
31 August 2023	Departure	International airport Koltsovo

3. COMPETITION FORMAT

Individual

All-Around which serves as a qualification for the Apparatus Final:

- All individual gymnasts have to participate in the All-Around qualification

Apparatus Finals:

- The top eight (8) gymnasts per apparatus from the All-Around qualifying competition participate in the Finals

Group

All-Around which serves as a qualification for the Routine Finals:

- All groups have to participate in the Qualifications

Final Group Routines:

- The top eight (8) groups of each Group Routines will qualify for the Finals.

4. UNIFORM AND EQUIPMENT

4.1. Replacement Apparatus (provided by the OC)

Hoop: Pastorelli

Ball: Sasaki

Clubs: Chakott

Ribbon: Chakott

Ribbon Cane: Sasaki

4.2. Leotards must comply with the most recent technical regulations of the International Gymnastics Federation (FIG).

SAMBO

1. GENERAL TERMS

1.1. Sambo events will be organised in accordance with the most recent technical regulations of the International Sambo Federation (FIAS).

The competition will be held with the support of the Russian Sambo Federation that shall nominate a technical delegate and technical officials for the event.

1.2. The programme and duration of the competitions are fixed by the Organising Committee. In principle, the programme will last 3 (three) days and will include:

Individual events: each bout will last five minutes for each gender and weight category

Men	Women	Combat sambo (men)
Up to 58kg	Up to 50kg	Up to 58kg
+58kg to 64kg	+50kg to 54kg	+58kg to 64kg
+64kg to 71kg	+54kg to 59kg	+64kg to 71kg
+71kg to 79kg	+59kg to 65kg	+71kg to 79kg
+79kg to 88kg	+65kg to 72kg	+79kg to 88kg
+88kg to 98kg	+72kg to 80kg	+88kg to 98kg
+98kg	+80kg	+98kg

1.3. Each university is authorised to enter a maximum of 21 athletes and 2 team officials.

In each event, each university may enter:

Individual competition

- Men: A maximum of 1 athlete per weight category
- Women: A maximum of 1 athlete per weight category

1.4. At the first General Technical Meeting, the Head of Delegation or his\her representative shall confirm and sign the official entry list of athletes.

Any entry not duly confirmed at the first General Technical Meeting will not be taken into consideration except for force majeure.

2. COMPETITION FORMAT

2.1. Competitions are individual.

2.2. The drawing for all weight categories takes place the day prior to the competition.

2.3. The weigh-in of participants is carried out on the eve of the day of the competition.

2.4. Competitions are held according to the Olympic system with the consolation of the semi-finalists. Athletes who lost to the semi-finalist continue the competition for a bronze medal.

2.5 The format of the competition may be changed depending on the number of entered athletes.

3.COMPETITION SCHEDULE

Date	Event	Venue
23 August 2023	Arrival	Koltsovo International Airport
24 August 2023	Official training	Judo Arena
25 August 2023	Official training, weigh-in	Judo Arena
26 August 2023	<p>Competition Day 1</p> <p>Men up to 58kg Men up to 64kg</p> <p>Women up to 50kg Women up to 54kg Women up to 59kg</p> <p>Combat sambo (men) up to 98kg Combat sambo (men) + 98kg</p> <p>Weigh-in</p>	Judo Arena
27 August 2023	<p>Competition Day 2</p> <p>Men up to 71kg Men up to 79kg Men up to 88kg</p> <p>Women up to 65kg Women up to 72kg</p> <p>Combat sambo (men) up to 58kg Combat sambo (men) up to 64kg</p> <p>Weigh-in</p>	Judo Arena
28 August 2023	<p>Competition Day 3</p> <p>Men up to 98kg Men + 98kg</p> <p>Women up to 80kg Women + 80kg</p> <p>Combat sambo (men) up to 71kg Combat sambo (men) up to 79kg</p>	Judo Arena

	Combat sambo (men) up to 88kg	
29 August 2023	Departure	Koltsovo International Airport

5. UNIFORM AND EQUIPMENT

4.1 Uniform

All athletes are required to have a sambo sports uniform that meets the requirements of the International Sambo Federation (FIAS):

- Sambo jacket (red and blue);
- Sambo shoes;
- Sambo shorts (red and blue);
- white T-shirt made of dense material and sports top under it (for women).

To prevent joint injuries, it is allowed to use bandages and tapes. Open areas of the body (for example, the knee joint) should be closed with a bandage or a tape on top with an elastic knee pad of the colour of the uniform (red or blue).

The sports uniform of a participant for Combat Sambo competitions must include the following protective equipment:

- Combat Sambo headgear;
- Combat Sambo fighting gloves;
- shin pads, covering the front surface of the shin and lacing of Sambo shoes;
- mouth guard;
- groin guard.

The sports uniform of a participant for Combat Sambo competitions, including outdoor protective equipment, must be of the same colour – red or blue. Sambo shoes can be of a combined colour (red-blue).

SWIMMING

1. GENERAL TERMS

1.1 Swimming events will be organised in accordance with the most recent technical regulations of the International Swimming Federation (FINA).

The competition will be held with the support of the Russian Swimming Federation that shall nominate a technical delegate and technical officials for the event.

1.2 The programme and duration of the competitions will be fixed by the Organising Committee. In principle, the programme will last 6 (six) days and include the following events:

a. Individual events:

Men		Women	
Freestyle	50m	Freestyle	50m
	100m		100m
	200m		200m
	400m		400m
	800m		800m
	1500m		1500m
Breaststroke	50m	Breaststroke	50m
	100m		100m
	200m		200m
Backstroke	50m	Backstroke	50m
	100m		100m
	200m		200m
Butterfly	50m	Butterfly	50m
	100m		100m
	200m		200m
Medley	200m	Medley	200m
	400m		400m

b. Relay events:

Men		Women	
Freestyle	4 x 100m	Freestyle	4 x 100m
	4 x 200m		4 x 200m
Mixed 4 x 100m Freestyle			
Medley	4 x 100m	Medley	4 x 100m
Mixed 4 x 100m Medley			

1.3 Each university is authorised to enter a maximum of 24 athletes and 2 team officials. The number of men and women in the team is not regulated.

a. Individual events:

- A maximum of 2 athletes in each individual discipline
- Each athlete has the right to participate in an unlimited number of disciplines

b. Relay events:

- A maximum of 1 team in each relay discipline
- No more than 8 people can be included in the relay team

United universities teams representing different universities of one foreign state may be allowed to participate in a Swimming relay competition. The admission of such teams is carried out upon a preliminary entry from the NUSF, agreed with the Organising Committee of the Festival.

1.4 At the first General Technical Meeting, the Head of Delegation or his\her representative shall confirm and sign the official entry list of athletes. Any entry not duly confirmed at the first General Technical Meeting will not be taken into consideration except for force majeure.

2. COMPETITION FORMAT

2.1 Individual events:

- a. At distances of 50 m, 100 m heats, semi-finals, and finals
- b. At distances of 200 m, 400 m heats and finals
- c. At distances of 800 m and 1500 m freestyle, the final heats are held immediately, the fastest (according to preliminary applications) heats are held in the evening part of the competition.

2.2 Relay events:

Heats, and finals.

3. COMPETITION SCHEDULE

Date	Event	Venue
19 August 2023	Arrival	Koltsovo International Airport
20 August 2023	Official training	Palace of Water Sports
21 August 2023	Technical meeting Official training	Palace of Water Sports
22 August 2023	Competition Day 1	Palace of Water Sports
Heats	400 m freestyle, men. 50 m breaststroke, women 100 m backstroke, men 400 m medley, women 100 m breaststroke, men 100 m backstroke, women 4x100 m freestyle, men 4x200 m freestyle, women	
Semi-finals and finals	Final, 400 m freestyle, men Semi-finals, 50 m breaststroke, women Semi-finals, 100 m backstroke, men Final, 400 m medley, women Semi-finals, 100 m breaststroke, men Semi-finals, 100 m backstroke,	

	women Final, 4x100 m freestyle, men Final, 4x200 m freestyle, women	
23 August 2023	Competition Day 2	Palace of Water Sports
Heats	200 m medley, men 100 m freestyle, women 100 m butterfly, men 200 m butterfly, women 200 m freestyle, men 4x100 m medley, mixed -men, women 800 m freestyle, women slowest heats	
Semi-finals and finals	Final, 100m backstroke, men Final, 200 m butterfly, women Final, 200 m freestyle, men Final, 50 m breaststroke, women Semi-finals, 100 m butterfly, men Semi-finals, 100 m freestyle, women Final, 100 m breaststroke, men Final, 100 m backstroke, women Final, 200 m medley, men 800 m freestyle, fastest heat, women Final, 4x100 m medley, mixed	
24 August 2023	Competition Day 3	Palace of Water Sports
Heats	50 m butterfly, women 50 m backstroke, men 100 m breaststroke, women 50 m freestyle, men 200 m backstroke, women 4x100 m freestyle - mixed, men, women 800 m freestyle, slowest heats, men	
Semi-finals and finals	Semi-finals, 50 m butterfly, women Semi-finals, 50 m freestyle, men Final, 200 m backstroke, women Final, 100 m butterfly, men Semi-finals, 100 m breaststroke, women Semi-finals, 50 m backstroke, men Final, 100 m freestyle, women 800 m freestyle, fastest heat, men Final, 4x100 m freestyle, mixed	
25 August 2023	Competition Day 4	Palace of Water Sports

Semi-finals and finals	Final, 100 m freestyle, men Final, 200 m breaststroke, women Final, 200 m backstroke, men Final, 100 m butterfly, women 1500 m freestyle, fastest heat, men Final, 50 m freestyle, women Final, 200 m butterfly, men Final, 50 m breaststroke, men Final, 200 m freestyle, women Final, 4x100 m medley, men Final, 4x100 m medley, women	
28 August 2023	Departure	Koltsovo International Airport

4. UNIFORM AND EQUIPMENT

Uniform and equipment must comply with the most recent technical regulations of the International Swimming Federation (FINA).

TABLE TENNIS

1. GENERAL TERMS

1.1. Table Tennis events will be organised in accordance with the most recent technical regulations of the International Table Tennis Federation (ITTF).

The competition will be held with the support of the Russian Table Tennis Federation that shall nominate a technical delegate and technical officials for the event.

1.2. The programme and duration of the competitions are fixed by the Organising Committee. In principle, the programme will last 6 (six) days and will include:

a. Individual events:

Men	Women
Singles	Singles
Doubles	Doubles
Mixed doubles	

b. Team events:

Men	Women
16 teams' tournament	16 teams' tournament

1.3. Each university is authorised to enter a minimum of 6 athletes (minimum 3 men plus 3 women) and a maximum of 8 athletes (maximum 4 men plus 4 women) with up to 2 team officials.

a. Individual events:

- Men's Singles: a maximum of 4 athletes
- Women's Singles: a maximum of 4 athletes
- Men's Doubles: a maximum of 2 pairs
- Women's Doubles: a maximum of 2 pairs
- Mixed Doubles: a maximum of 2 pairs

Only athletes who participate in team tournaments can take part in individual events.

b. Team tournament:

- Men's Team tournament: 1 team with a minimum of 3 and a maximum of 4 athletes
- Women's Team tournament: 1 team with a minimum of 3 and a maximum of 4 athletes

United universities teams representing different universities of one foreign state may be allowed to participate in a Table Tennis team event. The admission of such teams is carried out upon a preliminary entry from the NUSF, agreed with the Organising Committee of the Festival.

1.4. At the first General Technical Meeting, the Head of Delegation or his\her representative shall confirm and sign the official entry list of athletes.

Any entry not duly confirmed at the first General Technical Meeting will not be taken into consideration except for force majeure.

2. COMPETITION FORMAT

2.1 Men Teams, Women Teams.

Drawing of 16 teams. Knock-out.

Team Match Systems. The playing system shall be the New Swaythling Cup system (best of 5 singles). A team shall consist of 3 or 4 players. The order of play shall be 1) A v X 2) B v Y 3) C v Z 4) A v Y 5) B v X and the match shall end when a team has won 3 singles, each the best of 5 games. After the second single in a team match, player No. 4 of the team may replace player A or B (for the home team) respectively player X or Y (for the away team). Such a player substitution must be announced by the respective team captain to the umpire at the latest before the start of the third single.

2.2 Men Singles, Women Singles

64 players.

Preliminary Stage. Round robin system, 16 groups of 4 players. Winners of the groups and runners-up will qualify to the Main Draw. Best of 5 games.

Final Stage. Draw of 32. Knock-out. Best of 7 games.

2.3 Men Doubles, Women Doubles, Mixed Doubles

Drawing of 32 pairs. Knock-out. Best of 5 games.

2.4 All drawings are carried out in accordance with the rules of the competition.

2.5 The Referee, together with the Organising Committee, determines the "seed list" using the ITTF ranking and entries submitted by the teams. In the absence of the ITTF ranking, higher place in the "seed list" shall be given to athletes declared from their teams under the highest numbers. When conducting a drawing for team competitions, the total of the places of the 3 best athletes is taken into account, and for doubles, the total of the places of the pair from the seed list.

3. COMPETITION SCHEDULE

Date	Event	Venue
20 August 2023	Arrival	Koltsovo International Airport
21 August 2023	Official training	Ekaterinburg EXPO pavilion #1
22 August 2023	Official training. General Technical Meeting;	Ekaterinburg EXPO pavilion #1 Athletes Village
23 August 2023	Competition Day 1 Team events. Men. Women. (Round of 16, Quarterfinal)	Ekaterinburg EXPO pavilion #1

24 August 2023	Competition Day 2 Team events. Men. Women. (Semi-final) Men Singles. Women Singles. Preliminary round.	Ekaterinburg EXPO pavilion #1
25 August 2023	Competition Day 3 Team events. Men. Women. (Final) Men Singles. Women Singles. Preliminary round. Men Doubles. Women Doubles. Main Drawing (Round of 32, Round of 16, Quarterfinal)	Ekaterinburg EXPO pavilion #1
26 August 2023	Competition Day 4 Mixed Doubles. Main Drawing (Round of 32, Round of 16, Quarterfinal) Men Singles. Women Singles. Main Drawing (Round of 32, Round of 16) Mixed Doubles. Main Drawing (Semi-final. Final)	Ekaterinburg EXPO pavilion #1
27 August 2023	Competition Day 5 Men Singles. Women Singles. Main Drawing (Quarterfinal) Men Doubles. Women Doubles. Main Drawing (Semi-final, Final)	Ekaterinburg EXPO pavilion #1
28 August 2023	Competition Day 6 Men Singles. Women Singles. Main Drawing (Semi-final. Final)	Ekaterinburg EXPO pavilion #1
29 August 2023	Departure	Koltsovo International Airport

4. UNIFORM AND EQUIPMENT

Uniform and equipment must comply with ITTF competition rules.

TAEKWONDO

1. GENERAL TERMS

1.1. Taekwondo events will be organised in accordance with the most recent technical regulations of World Taekwondo (WT).

The competition will be held with the support of the Russian Taekwondo Union that shall nominate a technical delegate and technical officials for the event.

1.2. The programme and duration of the competitions are fixed by the Organising Committee. In principle, the programme will last 3 (three) days and include:

Kyorugi Competition:

- **Individual Events**

Men	Women
Up to 54kg	Up to 46kg
+54kg to 58kg	+46kg to 49kg
+58kg to 63kg	+49kg to 53kg
+63kg to 68kg	+53kg to 57kg
+68kg to 74kg	+57kg to 62kg
+74kg to 80kg	+62kg to 67kg
+80kg to 87kg	+67kg to 73kg
+87kg	+73kg

- **Team Events**

Men	Women
Tag Team	Tag Team

1.3. Each university is authorised to enter:

Kyorugi Competition: maximum 16 athletes (8 men and 8 women) and up to 3 team officials

- Individual events: maximum 1 athlete per weight category

- Team event: maximum 1 team per gender

Team competition will be organised in each gender with teams composed of a maximum 5 athletes (4 athletes + 1 substitute) according to the following total weight chosen from among the 8 Kyorugi athletes per gender of each participating university.

United universities teams representing different universities of one foreign state may be allowed to participate in a Taekwondo team event. The admission of such teams is carried out upon a preliminary entry from the NUSF, agreed with the Organising Committee of the Festival.

1.4. At the first General Technical Meeting, the Head of Delegation or his\her representative shall confirm and sign the official entry list of athletes.

If the entry is not confirmed at the first General Technical Meeting, it will not be taken into consideration except for force majeure.

2. COMPETITION FORMAT

2.1. Individual competition, team competition.

2.2. Competitions are held according to the elimination system after one defeat. There are no consolation bouts, the semi-finals losers automatically become bronze medallists.

2.3. Men team event: The total weight of 4 athletes (without 1 substitute) should be 300kg or less. When replacing one athlete in the team with a substitute, the total team weight should be 300 kg or less.

2.4. Women team competition: The total weight of 4 athletes (without 1 substitute) should be 260kg or less. When replacing one athlete in the team with a substitute the total team weight should be 260 kg or less.

3. COMPETITION SCHEDULE

Date	Event	Venue
26 August 2023	Arrival	Koltsovo International Airport
27 August 2023	Official training	Ekaterinburg EXPO pavilion #3
28 August 2023	Daily Weigh-in session Technical meeting Official Draw Official training	Ekaterinburg EXPO pavilion #3 Athletes village
29 August 2023	Daily Weigh-in session Random Weigh-in session Technical meeting Official Draw Competition Day 1 Up to 46kg, women Preliminaries, semi-finals, finals +49kg to 53kg, women Preliminaries, semi-finals, finals Up to 54kg, men Preliminaries, semi-finals, finals +53kg to 57kg, women Preliminaries, semi-finals, finals +58kg to 63kg, men Preliminaries, semi-finals, finals +62kg to 67kg, women	Ekaterinburg EXPO pavilion #3 Athletes village

	<p>Preliminaries, semi-finals, finals +63kg to 68kg, men Preliminaries, semi-finals, finals +74kg to 80kg, men Preliminaries, semi-finals, finals</p>	
30 August 2023	<p>Daily Weigh-in session Random Weigh-in session Technical meeting Official Draw</p> <p>Competition Day 2</p> <p>+46kg to 49kg, women Preliminaries, semi-finals, finals +54kg to 58kg, men Preliminaries, semi-finals, finals +57kg to 62kg, women Preliminaries, semi-finals, finals +67kg to 73kg, women Preliminaries, semi-finals, finals +73kg, women Preliminaries, semi-finals, finals +68kg to 74kg, men Preliminaries, semi-finals, finals +80kg to 87kg, men Preliminaries, semi-finals, finals +87kg, men Preliminaries, semi-finals, finals</p>	<p>Ekaterinburg EXPO pavilion #3 Athletes village</p>
31 August 2023	<p>Random Weigh-in session</p> <p>Competition Day 3</p> <p>Tag Team Kyorugi, men, women Preliminaries, semi-finals, finals</p>	<p>Ekaterinburg EXPO pavilion #3 Athletes village</p>
01 September 2023	Departure	Koltsovo International Airport

4. UNIFORM AND EQUIPMENT

4.1. Uniform

The uniform of the competitors must comply with the most recent technical regulations of World Taekwondo (WT).

Each athlete must have a full set of uniform of the established pattern: dobok, groin guard, forearm guards, shin guards, gloves, sensory socks, corresponding to the electronic judging system chosen by the OC.

4.2. Equipment

The OC shall provide protective and electronic system (Head PSS approved by the WT, Trunk PSS approved by the WT).

TENNIS

1. GENERAL TERMS

Tennis events will be organised in accordance with the most recent technical regulations of the International Tennis Federation.

The competition will be held with the support of the Russian Tennis Federation that shall nominate a technical delegate and technical officials for the event.

1.1. The programme and duration of the competitions are fixed by the Organising Committee. In principle, the programme will last 7 (seven) days and will include:

a. Individual events:

Men	Women
Singles	Singles
Doubles	Doubles
Mixed doubles	

Tennis matches will be held on outdoor clay courts and back-up hard courts.

1.2. Each university is authorised to enter a maximum of 3 male and 3 female athletes and up to 2 team officials.

b. Individual events:

- Men's Singles: a maximum of 3 athletes
- Women's Singles: a maximum of 3 athletes
- Men's Doubles: a maximum of 1 pair
- Women's Doubles: a maximum of 1 pair
- Mixed Doubles: a maximum of 3 pairs

Athletes participating simultaneously in all three events might have to play up to three matches per day.

Athletes of a pair – for doubles events – must be from the same university.

1.3. At the first General Technical Meeting, the Head of Delegation or his\her representative shall confirm and sign the official entry list of athletes.

Any entry not duly confirmed at the first General Technical Meeting will not be taken into consideration except for force majeure.

2. COMPETITION FORMAT

2.1. Men's Singles, Women's Singles

Draw of 32 athletes. The best of three tie-break sets.

All athletes who have lost their first Singles Main Draw match can participate in a consolation tournament. For participation in the consolation match, the Head of Delegation or his\her representative shall confirm and sign the official entry list of athletes.

2.2. Men's Doubles, Women's Doubles, Mixed Doubles

Draw of 16 pairs. The best of three sets with two tie-break sets, and if the score reaches one set, one match tie-break game (10 points) shall be played to decide the match. No-ad scoring must be used.

2.3. All drawings are carried out in accordance with the rules of the competition.

2.4. The Referee, together with the Organising Committee, determines the "seed list" using the ITF/RTF ranking and entries submitted by the teams. In the absence of a ranking, higher places in the "seed list" are given to athletes declared from their teams under the highest numbers.

2.5. The tournament format can be changed depending on the number of teams entered.

3. COMPETITION SCHEDULE

Date	Event	Venue
18 August 2023	Arrival	Koltsovo International Airport
19 August 2023	Official training	Tennis Academy
20 August 2023	Official training; General Technical Meeting;	Tennis Academy
21 August 2023	Competition Day 1 Men Singles (Round of 1/16) Women Doubles (Round of 1/8) Mixed Doubles (Round of 1/8)	Tennis Academy
22 August 2023	Competition Day 2 Women Singles (Round of 1/16) Men Doubles (Round of 1/8) Mixed Doubles (Round of 1/4)	Tennis Academy
23 August 2023	Competition Day 3 Men Singles (Round of 1/8) Men singles consolation (Round of 1/8) Women Doubles (Round of 1/4) Mixed Doubles (Semi-finals)	Tennis Academy
24 August 2023	Competition Day 4 Women Singles (Round of 1/8) Women singles consolation (Round of 1/8) Men Doubles (Round of 1/4) Mixed Doubles (Final, 3d place)	Tennis Academy

25 August 2023	Competition Day 5 Men Singles (Round of 1/4) Men singles consolation (Round of 1/4) Women Singles (Round of 1/4) Women singles consolation (Round of 1/4) Men Doubles (Semi-finals) Women Doubles (Semi-finals)	Tennis Academy
26 August 2023	Competition Day 6 Men Singles (Semi-finals) Men singles consolation (Semi-finals) Women Singles (Semi-finals) Women singles consolation (Semi-finals) Men Doubles (Final, 3d place) Women Doubles (Final, 3d place)	Tennis Academy
27 August 2023	Competition Day 7 Men Singles (Final, 3d place) Men singles consolation (Final) Women Singles (Final, 3d place) Women singles consolation (Final)	Tennis Academy
28 August 2023	Departure	Koltsovo International Airport

4. UNIFORM AND EQUIPMENT

4.1 Uniform and equipment shall be in accordance with the ITF competition rules. Each athlete shall dress and present himself/herself for a match in a professional manner. Clean and customarily acceptable tennis attire shall be worn.

4.2 Unacceptable Attire

Sweatshirts, gym shorts, dress shirts, T-shirts or any other inappropriate attire shall not be worn during a match (including a warm-up).

4.3 Shoes

Athletes are required to wear tennis shoes generally accepted as proper tennis footwear. Shoes shall not cause damage to the court other than what is expected during the normal course of a match or practice. Damage to a court may be considered as physical or visible, which may include a shoe that leaves a mark beyond what is considered acceptable.

Athletes are required to wear tennis shoes generally accepted for play on clay courts or granular surfaces.

VOLLEYBALL

1. GENERAL TERMS

1.1. Volleyball events will be organised in accordance with the most recent technical regulations of the International Volleyball Federation (FIVB).

The competition will be held with the support of the Russian Volleyball Federation that shall nominate a technical delegate and technical officials for the event.

1.2. The programme and duration of the competitions are fixed by the Organising Committee. In principle, the programme will last 6 (six) days and include:

Men	Women
12 teams' tournament	12 teams' tournament

Volleyball matches will be held indoors.

1.3. For each tournament, each university selected is authorised to enter 1 team of 12 athletes and 2 team officials (coach, doctor).

1.4. At the General Technical Meeting, the Head of Delegation or his/her representative shall confirm and sign the official entry list of players.

1.5. Any entry not duly confirmed at the General Technical Meeting will not be taken into consideration except for force majeure.

2. COMPETITION FORMAT

2.1. Drawing of Lots

The drawing of lots for women's and men's Volleyball tournament into Preliminary Round pools shall be carried out in a random manner.

2.2. Women's Tournament

The Women's Volleyball Tournament will be held for six (6) days.

The competition will consist of two (2) stages:

- Preliminary round;
- Playoff round: quarterfinals, semi-finals, finals.

2.3. Preliminary Round

Each of four pools (A, B, C and D) will be composed of three teams. The format for each pool is single Round Robin, where every team plays each of the two other teams in their pool once. Each team will play a total of two matches. Each pool will play a total of three matches.

2.4. Playoff Round

The first two teams in each preliminary pool will advance to the quarterfinals. The four winners of the quarterfinals will qualify for the semi-finals. Losers of the semi-finals will play in the bronze medal match. Winners of the semi-finals will play in the final match.

2.5. Men's Tournament

The Men's Volleyball Tournament will be held for six (6) days.

The competition will consist of two (2) phases:

- Preliminary round;
- Playoff round: quarterfinals, semi-finals, finals.

2.6. Preliminary Round

Each of four pools (A, B, C and D) will be composed of three teams. The format for each pool is single round robin, where every team plays each of the two other teams in their pool once. Each team will play a total of two matches. Each pool will play a total of three matches.

2.7. Playoff Round

The first two teams in each preliminary pool will advance to the quarterfinals. The four winners of the quarterfinals will qualify for the semi-finals. Losers of the semi-finals will play in the bronze medal match. Winners of the semi-finals will play in the final match.

2.4. The format of the tournament can be changed taking into consideration the number of teams entered.

2.8. Ranking of Teams

The following criteria will be implemented to establish the ranking of teams after the Preliminary Round.

Number of victories

By number of matches won among teams of the same pool.

Number of points gained

If two (2) or more teams have the same number of victories (matches won), they will be classified in descending order by the points gained by each team per match as follows:

- Match won 3-0; 3-1 3 points;
- Match won 3-2 2 points;
- Match lost 2-3 1 point;

- Match lost 0-3; 1-3 0 point.

Set quotient

If two (2) or more teams are tied on the number of points gained, they will be classified in descending order by the quotient resulting from the division of the number of all sets won by the number of all sets lost.

Points quotient

If the tie persists based on the set quotient the teams will be classified in descending order by the quotient resulting from the division of all points scored by the total of points lost during all sets.

If the tie continues to persist based on the point quotient, the priority will be given to the team which won the last match between them. When the tie in point quotient is between three or more teams, a new classification of these teams will be made taking into consideration only the matches involving the teams in question.

3. SCHEDULE & TIMETABLE

Date	Event	Venue
23 August 2023	Arrival	Koltsovo International Airport
24 August 2023	Training	Palace of Team Sports
25 August 2023	Training, General Technical Meeting	Palace of Team Sports
26 August 2023	Preliminary Round	Palace of Team Sports
27 August 2023	Preliminary Round	Palace of Team Sports
28 August 2023	Preliminary Round	Palace of Team Sports
29 August 2023	Playoff Round, Quarterfinals	Palace of Team Sports
30 August 2023	Playoff Round, Semi-finals	Palace of Team Sports
31 August 2023	Playoff Round, Bronze medal matches, Finals	Palace of Team Sports
01 September 2023	Departure	Koltsovo International Airport

4. UNIFORM & EQUIPMENT

4.1. Team uniform

Team uniform must comply with the most recent technical regulations of the FIVB. The colour and style of uniforms must be the same for all players (except Libero). Libero's uniform must be different from the other players' uniform. All teams must have 2 sets of uniforms of different

colours. All uniforms must be numbered from 1 to 20. Each player must play with the same number during all tournaments.

4.2. Equipment

The OC will provide the relevant sports equipment approved by FIVB.

WRESTLING

1. GENERAL TERMS

1.1. Wrestling events will be organised in accordance with the most recent technical regulations of the United World Wrestling (UWW).

The competition will be held with the support of the Russian Wrestling Federation that shall nominate a technical delegate and technical officials for the event.

1.2. The programme and duration of the competitions are fixed by the Organising Committee. In principle, the programme will last 6 (six) days and will include:

Individual events:

Men freestyle	Men Greco-Roman	Women freestyle
Up to 57kg	Up to 55kg	Up to 50kg
+57kg to 61kg	+55kg to 60kg	+50kg to 53kg
+61kg to 65kg	+60kg to 63kg	+53kg to 55kg
+65kg to 70kg	+63kg to 67kg	+55kg to 57kg
+70kg to 74kg	+67kg to 72kg	+57kg to 59kg
+74kg to 79kg	+72kg to 77kg	+59kg to 62kg
+79kg to 86kg	+77kg to 82kg	+62kg to 65kg
+86kg to 92kg	+82kg to 87kg	+65kg to 68kg
+92kg to 97kg	+87kg to 97kg	+68kg to 72kg
+97kg to 125kg	+97kg to 130kg	+72kg to 76kg

1.3. Each university is authorised to enter a maximum of 30 athletes and 3 team officials.

In each event, each university may enter:

Individual competition

- Men: A maximum of 1 athlete per weight category
- Women: A maximum of 1 athlete per weight category

1.4. At the first General Technical Meeting, the Head of Delegation or his\her representative shall confirm and sign the official entry list of athletes.

Any entry not duly confirmed at the first General Technical Meeting will not be taken into consideration except for force majeure.

2. COMPETITION FORMAT

2.1 Competitions are individual.

2.2 The drawing takes place on the eve of the first day of the competition.

2.3 The weigh-in and medical control of participants is carried out on the day of the competition.

2.4. Competitions are held in two days for each weight category and according to the direct elimination system, with repechage bouts for wrestlers who lost to those who fight for the 1stand the 2nd places.

3. COMPETITION SCHEDULE

Date	Event	Venue
18 August 2023	Arrival	Koltsovo International Airport
19 August 2023	Official training	Ekaterinburg EXPO pavilion #3
20 August 2023	Official training Technical meeting	Ekaterinburg EXPO pavilion #3
21 August 2023	Competition Day 1 Weigh-in Greco-Roman 55kg Greco-Roman 60kg Greco-Roman 63kg Greco-Roman 67kg Greco-Roman 72kg Greco-Roman 77kg Greco-Roman 82kg Greco-Roman 87kg Greco-Roman 97kg Greco-Roman 130kg	Ekaterinburg EXPO pavilion #3
22 August 2023	Competition Day 2 Second weigh-in Greco-Roman 55kg Greco-Roman 60kg Greco-Roman 63kg Greco-Roman 67kg Greco-Roman 72kg Greco-Roman 77kg Greco-Roman 82kg Greco-Roman 87kg Greco-Roman 97kg Greco-Roman 130kg	Ekaterinburg EXPO pavilion #3
23 August 2023	Competition Day 3 Weigh-in Women freestyle 50kg Women freestyle 53kg Women freestyle 55kg Women freestyle 57kg Women freestyle 59kg Women freestyle 62kg Women freestyle 65kg Women freestyle 68kg Women freestyle 72kg Women freestyle 76kg	Ekaterinburg EXPO pavilion #3

24 August 2023	<p>Competition Day 4 Second weigh-in</p> <p>Women freestyle 50kg Women freestyle 53kg Women freestyle 55kg Women freestyle 57kg Women freestyle 59kg Women freestyle 62kg Women freestyle 65kg Women freestyle 68kg Women freestyle 72kg Women freestyle 76kg</p>	Ekaterinburg EXPO pavilion #3
25 August 2023	<p>Competition Day 5 Weigh-in</p> <p>Men freestyle 57kg Men freestyle 61kg Men freestyle 65kg Men freestyle 70kg Men freestyle 74kg Men freestyle 79kg Men freestyle 86kg Men freestyle 92kg Men freestyle 97kg Men freestyle 125kg</p>	Ekaterinburg EXPO pavilion #3
26 August 2023	<p>Competition Day 6 Second weigh-in</p> <p>Men freestyle 57kg Men freestyle 61kg Men freestyle 65kg Men freestyle 70kg Men freestyle 74kg Men freestyle 79kg Men freestyle 86kg Men freestyle 92kg Men freestyle 97kg Men freestyle 125kg</p>	Ekaterinburg EXPO pavilion #3
27 August 2023	Departure	Koltsovo International Airport

4. UNIFORM AND EQUIPMENT

4.1 Uniform

All athletes are required to have uniform that meets the requirements of United World Wrestling (UWW):

- wrestling singlets; - wrestling shoes.